

Attractions to Try in Rabat

Parliament

Since 1996, the national legislature has become bicameral and has therefore two parliamentary chambers:

The House of Representatives; 395 members elected directly for a five-year term.

The House of Councillors. It is elected indirectly for a nine-year term by two sets of electoral colleges.



Chellah/ Sala Colonia

A medieval fortified necropolis located south of Rabat.

Existed since pre-Islamic times and houses complex of ancient Roman Mauretania Tingitana and medieval ruins.

The most ancient human settlement on the mouth of the Bou Regrag River.

It was abandoned during the Almohad-era, then rebuilt by the Marinids.

Madinat Al Irfane



Madinat Al Irfane is a centre of learning that consists of Universities, schools, centers, and libraries in Rabat. Faculty of sciences, medicine and veterinary medicine can all be found here, close to the Agdal neighbourhood and Hay Riad.

Rabat...

Rabat is full of interesting historical sites and monuments. Some of these sites originate as far back as the seventh century and are definitely worth visiting.



Rabat Old Town

One of the must-see attractions is the Medina of Rabat, which is in the older part of the city and can be entered through Souika Street. The small medina was all there was of Rabat before the French came in 1912 and expanded the city, creating new quarters. This original section of town was created when Andalusian Muslim refugees fled from their hometown of Badajoz in Spain. In the medina of Rabat there are lots of traditional shops and cafes that you can visit and explore. Rabat's medina is a pleasure to walk around in as it is relatively hassle-free in comparison to other larger medinas in Morocco.

One of the popular shops you can expect to see is a leather footwear bazaar where you will find interesting leather shoes, leather bags and wallets at a good price. There are lots of Moroccan Craft shops that contain a variety of items, like the well-known Rabat and Berber carpets and embroidered fabrics. It is also good to look out for the shops that sell a number of copper items since it is here that you will find some very interesting buys. Then there are the usual souvenirs and curiosity shops, which sell lamps, fabrics, jewelry, antiques, rocks and wooden items.

There are lots of bargains to be found here!

Moroccan Hammam/ Bath



Moroccans enjoy a weekly trip to the local hammam where they spend a great deal of time exfoliating their skin, washing their hair and bodies thoroughly in no particular rush.

The large bath houses separated by men's and women's quarters are steamy rooms where many people socialize as much as they bathe.

Best place to relax and meditate!

Rabat-Salé Tramway

The **Rabat-Salé** tramway has two lines for a total length of 19 km (11.8 mi) and 31 stops. It has a stop at the door of the hotel.

The tram is good for a short tour in Rabat with Madinat Al Irfane at one end and Rabat Old Medina at the other.



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